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TORONTO • MONDAY, MAY 25, 2009 metronews

Celebrity pg 25

Kelly's custody fight spills into potty training

'We're connected'

Torontonians have a lot in common, Lankin says

Sunny Side

HEATHER BUCHAN
for Metro Toronto

This week, we speak to Frances Lankin, president and CEO of United Way Toronto, about the numerous ways Torontonians are giving back to their local communities in order to improve the entire city.

"Toronto is a city of neighbourhoods, and by extension we're all neighbours," says Lankin, who has devoted her own career to community service. Prior to her appointment at United Way in 2001, she was the MPP for The Beaches/East York. "No matter who we are, where we come from, or where we live, we're connected — all of us."

With that in mind, she encourages residents to explore areas of the city they're not familiar with.

Although Torontonians are the most diverse population in Canada, Lankin points out that we have far more in common with one another than we may think.

Lankin also believes everybody should get involved in their residential communities. "Many communities across the city have formed local resident associations to improve or preserve the conditions of their neighbourhoods so they are healthy, vibrant places to work, live and raise a family," she explains.

Lankin stresses there are numerous ways people are giving back and making Toronto a better place. Some donate their time to community agencies, delivering meals to seniors, while others lead financial literacy classes for low-income families. Some coach people who have lost their jobs on ways to improve their interview skills, while others pack nutritious lunches and snacks for children who may not get enough to eat at home.

"At the end of the day, it's about working together to create opportunities for a better life for everyone," says Lankin.

5 easy ways to give back

- Get out to places in the city you haven't visited
- Reach out to members of your community in need
- Volunteer for a local charity
- Join a resident association in your neighbourhood
- Become a more active, interested member of your community.

HEATHER BUCHAN/FOR METRO TORONTO

Frances Lankin, president and CEO of United Way Toronto, stands in Berczy Park, a beautiful green-space adjacent to the United Way's offices on Wellington Street.

Bees hold NYC workers hostage

SWARM Thousands of bees swarmed outside a New York City game store, trapping employees inside for hours Saturday afternoon.

Most passersby avoided the GameStop store near one of the city's busiest shopping areas.

But Edward Albers tried to help. Dressed in regular clothes, he lured many bees into a box without being stung.

Eventually, a police bee specialist arrived in protective gear and used the scent of a queen bee to collect the rest of them.

THE ASSOCIATED PRESS

Sunny Side

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- Today
- **Spellers excel, page 3**
- **Teen students honoured, page 4**
- **Postmaster spreads cheer in Afghanistan, page 9**
- **Meet Dino Rossi, perhaps the biggest supporter of Canada's national teams, page 16**

Jean wants university for Inuit

Gov. Gen. Michaëlle Jean is making a rare break from ceremonial circumspection to publicly urge the government to build a university for Canada's Inuit.

In a vice-regal plunge into policy advocacy, Jean proposes a university in the Arctic so Inuit youth can get a degree close to home and benefit from economic activity expected in their region.

Canada's claims to sovereignty over the North will be, she says, nothing but an "empty shell" unless the area's inhabitants participate in northern development.

The Governor General has begun promoting the idea with government officials, and sources say they expect her to raise it with Prime Minister Stephen Harper.

Jean was inspired by an experiment in Norway and plans to use what could be her final year in office — and her time after leaving Rideau Hall — to champion the idea that Canada can do it, too.

Jean says an Arctic university could produce the engineers that mining companies will need.

THE CANADIAN PRESS

Trip

- The Governor General leaves today for a one-week trip to Nunavut, where the range of social problems includes the lowest high-school graduation rate in Canada: A mere 25 per cent get a diploma.

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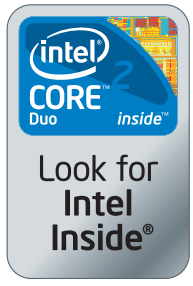

Just hanging around
Two window-washers were stranded for almost two hours, 19 storeys above ground level after the electrical wires of their lift became entangled with a sign and was pulled out of a socket, leaving them without electricity. There were no injuries. TORSTAR NEWS SERVICE

Local

Private sector calling

Premier Dalton McGuinty will be more involved in the ongoing talks to save Ontario's ailing auto industry as one of his key ministers, Michael Bryant, left, departs for a plum job at a new corporation tasked with attracting investment to Toronto. Bryant, who will step down as economic development minister today, is leaving politics to take on a similar role as president and CEO of Invest Toronto. THE CANADIAN PRESS

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Tomorrow's Metro

Comment
Martin Lawrence explores issues that matter across the country in National Report

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WHAT'S ONLINE TODAY

Video Postmaster on tricked-out bicycle among the most popular soldiers in Kandahar at **metronews.ca/canada**

Video In a rare step, Michaëlle Jean publicly urges the government to create an Inuit university at **metronews.ca/canada**

Blogs Style columnist Kenya Hunt checks in with fashion hits from Cannes.

Lotteries

Friday, May 22
Lotto Super 7: 1, 12, 17, 19, 25, 31, 38 Bonus 41
Saturday, May 23
Lotto 6/49: 7, 8, 15, 24, 27 & 32 Bonus 34
Sunday, May 24
Ontario Pick 3: 9 9 2; **Ontario Pick 4 :** 3 7 1 8
Encore: 6022917;
Daily Keno: 4, 6, 12, 16, 17, 18, 22, 23, 24, 28 31, 32, 33, 35, 41, 44, 45, 46, 69, 70
These results are not official.

Emotional vote for workers

GM employees cast ballot on new labour concessions

Anxious auto workers and retirees, some in tears, cast ballots in three southern Ontario communities yesterday on the latest labour concession package struck between their union and General Motors of Canada.

The tentative agreement, struck last week after days of tough bargaining talks between the company and Canadian Auto Workers, would slash labour costs by more than $8,000 per worker while protecting wages and pension benefits.

GM workers in the southern Ontario communities of Windsor, Woodstock and St. Catharines voted yesterday on the agreement while workers in Oshawa are to cast ballots today.

The vote comes just one week before a government-imposed deadline for GM to complete a restructuring plan or be forced into bankruptcy protection.

Ken Lewenza

Overall, CAW President Ken Lewenza said the votes are bringing workers a sense of relief.

"When we talk to our retirees and talk about their existing pension funding at 39 per cent, and recognizing that this whole restructuring is going to improve that situation … and for active members, to think that you have a job and an opportunity to raise a family, with reasonably good income, even with the sacrifices," he said.

$8000
The amount cut from GM worker's benefits in the latest union concessions to the auto maker. THE CANADIAN PRESS

The latest agreement, announced Friday, reduces hourly labour costs by between $15 and $16 per worker, on top of a $7-an-hour cut agreed to in March.

The deal also freezes pensions until 2015 and cuts benefit costs by more than $8,000 per worker — including a $3,500 payment to each worker to compensate for vacation time lost in collective bargaining a year ago.

Results of the votes at the four southern Ontario GM plants were not expected to be announced until tonight.
THE CANADIAN PRESS

News in brief

STABBING Durham police aren't getting much co-operation from people who may have witnessed a man being stabbed with a beer bottle at a house party in Oshawa yesterday morning. Emergency crews were called to a residence on Elgin St. E., near Adelaide Ave. E. and Simcoe St. N. in Oshawa around 2 a.m. They found the victim with stab wounds to his abdomen. No one claimed to know the suspect.

ARREST Police have rescued a 15-year-old girl who they say was being forced to work as a prostitute in Toronto, while her alleged pimp has been arrested and slapped with 10 charges. Acting on a tip, York Region police arrested a Richmond Hill resident on Friday after being found with the victim in a Toronto condominium. Police allege that the victim was being forced to work as a prostitute out of that address.
TORSTAR NEWS SERVICE

Big words for little busy bees

It was the first time the competitor showed any visible nerves. As he faced the pronouncer — inquiring about the origin and grammatical usage of the word that could be his undoing — his voice sped up and rose slightly in pitch.

He took a breath, presumably to regain his composure. Then the eight-year-old delivered the crushing blow.

"C-A-V-I-A-R, caviar," said Zakhar Husak (inset), a wide gap-toothed grin spreading over his face as the clapping and cheering from the crowd sealed his victory.

Yesterday Zakhar beat out 28 children, between the ages of 6 and 8, to be crowned champion of the primary division at the Spelling Bee of Canada, 22nd Annual Championship Finals.

In the primary category Niu Niu Wang from Windsor came in second and Toronto's Neharika Nair, both 8, brought up the rear taking third place.

The winner admitted throughout the competition he "was very nervous," when asked what words were the hardest to spell he said, "it was Banyan."

Zakhar is home schooled and comes from a family of spelling champions.
TORSTAR NEWS SERVICE

Zakhar Husak

KEN E. JOHNSTON/TORSTAR NEWS SERVICE

Shaylynn Loween, 8, of Huphrey Public School looks shocked as she spells "brilliant" at the 22nd annual Spelling Bee of Canada Championship Finals at the Delta Chelsea in Toronto yesterday.

Sunny Side

Beating of shoplifters similar to 2001: Email

BEATING Two of the three storekeepers accused of bundling a suspected shoplifter into a van and beating him on the weekend were involved in a similar incident in 2001, according to a Toronto police email.

The internal email mistakenly released to the media yesterday canvasses eight officers on whether to see if there is a need to hold a media scrum to alert shopkeepers of their "rights when acting on their powers of arrest."

Saturday's incident became "ugly" when the accused — a Grange Avenue store manager and two of his employees — allegedly restrained a suspected thief, bound his hands and ankles and threw him into a van, where he was beaten, the email states.

Officers responding to a 9-1-1 call freed the man.

"The owner and his manager (two of the accused) had a similar type incident back in 2001 where the end result was a peace bond," the police email states.

A peace bond, usually ordered by a justice of the peace, is an undertaking to keep the peace and obey other specified terms of conditions and does not result in a criminal record.

When called for comment yesterday, police said they could not discuss the 2001 incident because no criminal records resulted.
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Teen still missing
Police will resume the underwater search for 19-year-old Shane Fair, who was last seen May 16 when he left Ontario Place. TORSTAR NEWS SERVICE

Teens honoured for leadership

ROBYN YOUNG
for Metro Toronto

While most kids his age were busy cramming for finals or hanging out at the mall, Humza Nusrat was trying to help new Canadians at his school.

"A lot of them were isolated and lonely," he said.

The 18-year-old started an intramural cricket league at his school and invited new students to join.

"Sports puts everyone on a level playing field," he said.

Nusrat, who attends J. Clarke Richardson Collegiate Institute in Ajax, is one of five GTA teens recently awarded a $70,000 post-secondary scholarship from TD Canada Trust for community leadership.

Only 20 students from across Canada earned the award from 3,800 applicants.

Jillian Cameron of Toronto's Earl Haig Secondary School also won. The music and dance student founded the Invisible Child group to aid Ugandan child soldiers and organized a benefit concert raising $10,000.

TD Canada Trust has awarded the Scholarships for Community Leadership for 14 years and Jane Thompson, the program's executive director and one of the panel judges who selected the teens, said this year's competition was stiff.

Thompson was amazed to see twin brothers Vijayabharath and Vinobharath Jeyapalan, of Markville Secondary School, both earn scholarships on their own merit.

Vino started the non-profit Youth Environmental Network of York Region and created the annual Ecological Action Conference.

Vijay is co-chair of the Markham Mayor's Youth Task Force and organized The Amazing Markham Race to fundraise for Pathways York Region which addresses the needs of street kids. They have raised $25,000 to date.

Latif Murji of Dr. Norman Bathune Collegiate Institute in Toronto was also awarded a scholarship. The teen co-founded a Free the Children chapter; he is director of the Committee for Personal Social Responsibility and he's active on students' council and the Ismaili Volunteer Corps.

The $70,000 scholarship covers post-secondary tuition and living expenses and offers summer employment for the next four years.

SUBMITTED PHOTO

Scholarship winner Jillian Cameron shown with Tim Hockey, right, president and CEO of TD Canada Trust, and Peter MacKay, Minister of National Defence in Ottawa.

SunnySide

Meat staff shortage critical

LABOUR Nine months after a deadly listeriosis outbreak, the union representing federal food inspectors says there's still a critical shortage of staff to oversee meat processing plants.

The agriculture section of the Public Service Alliance of Canada bases that conclusion on a survey it conducted.

Union officials, who are to appear today at a parliamentary sub-committee on food safety, said the survey results suggest it's almost impossible for federal inspectors to verify industry compliance with safety rules because staff are overwhelmed.

The union estimates the number of inspectors specifically devoted to monitoring processed meat plants would have to double to 400 to do a proper job. Officials maintain that in many cases, federal inspectors have too many processed meat plants to visit during the course of the day and can't possibly keep on top of spot reviews and the industry's self-reported violations.

Tim O'Connor, a spokesman for the food inspection agency, said CFIA hasn't had a chance to analyse the survey compiled by the union.

THE CANADIAN PRESS

400
The number of food inspectors the union says is needed to verify food safety at meat processing plants.
THE CANADIAN PRESS

LCBO vote for strike action

VOTE Workers at the Liquor Control Board of Ontario have voted in favour of striking if their union and the Crown-owned retailer fail to reach an agreement in contract talks.

The result of the union's strike vote was announced Saturday, with 93 per cent of the 3,672 ballots cast in favour of taking strike action if necessary.

The main issue is what the Ontario Public Service Employees Union describes as a declining number of full-time positions in favour of lower paying part-time and contract work with little job security.

About 6,000 workers have been without a contract since the end of March. THE CANADIAN PRESS

News in brief

ORDER Toronto's Catholic school board is being accused of wilfully neglecting a historical building so it can get approval to tear it down. The board has been ordered to fix defects in a historically designated mansion donated by Senator Frank O'Connor.

ASSAULT A police officer was punched in the face during an unprovoked attack in Toronto's club district early yesterday. The cop was on his bike when a man approached from behind and threw three punches.
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Investigation launched as meeting with cops lands man in hospital

The Special Investigations Unit has launched a probe into a case where a man ended up in hospital after police visited an apartment in Kitchener, Ont. Few details have been released, but a statement from the SIU says officers "interacted" with a man while they were at the apartment for a disturbance call early Saturday. THE CANADIAN PRESS

Canada

Palestinian leader to visit

Palestinian President Mahmoud Abbas will visit Canada this coming week. A news release from Prime Minister Stephen Harper says he will meet with Abbas on May 26. The statement says Harper is looking forward to discussing the current peace process in the Middle East and the economic difficulties the Palestinians face. THE CANADIAN PRESS

HANDOUT

In connection to the Victoria Stafford case, Oxford Community Police are seeking anyone who may have seen a blue 2003 four-door Honda with black spray paint over portions of it.

Police appealing for help in finding Victoria's body

CRIME Police scoured a vast rural swath of southwestern Ontario yesterday in the search for the remains of eight-year-old Victoria Stafford.

Investigators have very strong reason to believe the little girl is dead and there is no hope of a happy ending for Victoria's family and friends.

"If I were her parent I would want to have that ounce of hope too until I knew 100 per cent," said Const. Laurie-Anne Maitland, in response to a question about whether the inability to find Victoria since she disappeared April 8 offers any hope she could still be alive.

"I think it's the nature (of people to hope for) one possible little miracle ... and it's not (possible)."

Police revealed more information yesterday about the suspect vehicle they believe Victoria was abducted in, a 2003 blue Honda Civic that had been partially spray painted black.

"I think it's the nature (of people to hope for) one possible little miracle ... and it's not (possible)." Const. Laurie-Anne Maitland

On Friday, police asked residents of Woodstock, Guelph and Fergus to jog their memories and think if they had ever seen the distinctive-looking car, perhaps in a Home Depot parking lot where it was filmed by a security camera. Now they're hoping someone will find its grey rear seat, which had been removed.

THE CANADIAN PRESS

News in brief

COURT A child custody battle begins today for two children whose parents are accused of teaching them that minorities deserve to die. The parents and children cannot be identified under provincial law.

INQUIRY A coroner's inquiry into the police shooting of a Montreal teenager last August is set to begin today. Fredy Villanueva, 18, was killed during a night of rioting.

WARNING Police have issued a warning after vials of an extremely poisonous substance were stolen in Cambridge. THE CANADIAN PRESS

Road detour ahead

Liberal EI demands increase election fever

Human Resources Minister Diane Finley is unveiling improvements to the employment insurance (EI) program today, but it won't be enough to head off a collision with the Liberals that threatens to derail the Conservative minority government and force a spring election.

Finley's initiative is meant to help laid-off workers but a senior government source said it's nothing like the major overhaul of the EI system being demanded by opposition parties.

Liberal Leader Michael Ignatieff has threatened to topple Prime Minister Stephen Harper's government unless the Conservatives reform EI to make it easier for workers who lose their jobs to access insurance payments.

The Liberals want the government to establish a national threshold of 360 paid hours of work for workers to qualify for EI during the economic downturn. Currently, depending on where a worker lives, it takes between 420 and 910 hours of paid work to be eligible.

JEFF MCINTOSH/THE CANADIAN PRESS

Prime Minister Stephen Harper waits his turn before making an funding announcement at a Calgary Transit works yard in Calgary, Friday. His government is once again facing the threat of election as the Liberals rachet up threats to topple the Tories.

A Tory spokesperson said yesterday the Conservatives have no intention of meeting that demand. "We would have to raise payroll taxes to do what the Liberals and NDP want and we are not going to do that," the spokesperson said.

MPs, fresh off a weeklong break, return to Parliament Hill today for four weeks of debate that promises to be heated and bitter — and enlivened by election fever.

TORSTAR NEWS SERVICE

Canadian ready to ride Russian ship into space

ASTRONAUT When Bob Thirsk heads to the International Space Station later this week to begin a record six-month visit by a Canadian astronaut, he'll be relying on some good old Russian technology.

The 55-year-old astronaut will blast off to the space station aboard a Russian Soyuz space capsule Wednesday from the Baikonur Cosmodrome in Kazakhstan.

"The Soyuz is an older technology," he said.

While most of the focus has been on visits by American space shuttles, Thirsk points out that the Soyuz has been used more than any U.S. vessel to carry people into space.

HANDOUT/THE CANADIAN PRESS

Bob Thirsk

One of Canada's longest serving astronauts, Thirsk made his first space flight aboard the U.S. space shuttle Colombia in 1996.

Thirsk said he's looking forward to his upcoming mission, particularly a visit by fellow Canadian astronaut Julie Payette, who is slated to board U.S. space shuttle Endeavour on June 13 for a 16-day mission.

This will be the first time Canada has two astronauts aboard the space station at the same time.

THE CANADIAN PRESS

Security to be tightened at lock-up briefs

STATSCAN Are journalists somehow managing to tip off market-influencing data while under lock-up in a dimly-lit room at the Statistics Canada campus?

The intriguing question remains after the federal agency conducted two reviews — the latest coming after last week's inflation report — on rumours its most important data is being leaked, giving those in receipt of secret data a window of opportunity to score on financial markets.

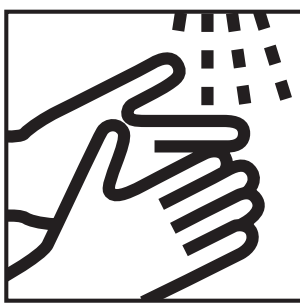
Suspicions surfaced on May 8 when traders began noticing unusual trading on the Canadian dollar in the hour before the official release of April's surprisingly robust jobs numbers.

Jim Flaherty

The finger initially pointed at Finance Minister Jim Flaherty, who in recent months had speculated that the next morning's jobs report would be "disappointing" or "regrettable." In response to questions in the House of Commons, Flaherty said he had no prior knowledge of the data when he made the comments.

Statistics Canada said it has no indication any leak occurred, but it has tightened security on journalists. The agency has placed an additional "monitor" to keep an eye on about a dozen financial reporters who regularly take part in the lock-ups and the room's venetian blinds are now drawn shut, ostensibly so that no reporter can signal to an accomplice outside the building.

THE CANADIAN PRESS



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Men presumed drowned in Ottawa River
Two men are presumed drowned after Ottawa police called off an unsuccessful search yesterday for the pair. THE CANADIAN PRESS

Arctic showdown

Canada building case to challenge Russian claim

The beaver is starting to push back against the bear in the debate over who controls the top of the world.

Federal officials have confirmed that Canada's Arctic mapping flights have ventured beyond the North Pole into areas claimed by Russia. The flights are the first step towards building a case that Canada's Arctic sovereignty could reach past the Pole despite Russia's determination to extend its own northern footprint.

"We are surveying where appropriate to define the outer limits of Canada's continental shelf," Jacob Verhoef, the Natural Resources Canada geophysicist in charge of the project, told The Canadian Press in an email.

Canada and Denmark recently completed a series of joint mapping flights from three remote northern airstrips to begin studying the series of undersea mountains and ridges that will determine how the United Nations will divvy up most of the Arctic Ocean.

The flights were originally said to end at the North Pole. But Verhoef now confirms some of those flights continued past the Pole.

"We are also investigating the possible continuity of the Lomonosov Ridge beyond the North Pole and therefore have collected supporting data beyond the pole on some of the flight lines during the recent survey," Verhoef said.

Although Russia hasn't filed a formal claim for those waters leading up to the North Pole, it has made no secret of its intent to do so.

As well, Russia has undertaken a variety of moves that some call sabre-rattling, from announcing the formation of special Arctic army units to the release of a policy document that warns of the possibility of violence over the North's resources.

THE CANADIAN PRESS

Oil gains unlikely

- Although much is made of U.S. Geological Survey estimates that the equivalent of 412 billion barrels of oil lie undiscovered beneath the sea ice, jurisdiction over the North Pole is unlikely to bring a huge resource bonanza. Most of those hydrocarbons lie just off the coast of Russia, and the majority of the rest lies on or near continental shelves, which are largely within existing jurisdictions.

Security concerns prompted passport change: Report

ONLINE Passport Canada's online application service was shut down last month because of security concerns, says an internal document.

That rationale for killing Passport On-Line on April 30 is at odds with the public explanation that the online service was simply not "convenient" for Canadians.

Instead, a report into a 2007 website security breach shows that Passport Canada's "action plan" to correct the problem included an end to the online service.

The agency now offers a downloadable form that applicants can fill out, print out on paper and bring in to a Passport Canada office.

The unusual switch to a paper option from a network option is outlined in a draft report to Canada's privacy commissioner about the 18-month-old online breach.

The Canadian Press obtained the document, dated January this year, under the Access to Information Act.

THE CANADIAN PRESS

News in brief

CALGARY Independent investigators are examining the death of an Alberta man after a Calgary police officer fired a gun. Calgary police report that officers were called to respond to a weapons complaint early yesterday morning. Police say officers challenged a man and a weapon belonging to one of the officers was fired.

SUICIDE A North Vancouver man has been charged with helping his depressed friend commit suicide by giving the man the loaded shotgun he used to kill himself, RCMP said. Police allege Paul Adrian Fraser, 21, gave a shotgun to Robert Milot, 20, in exchange for the keys to a BMW.

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See Page 13 for details

Suicide bomber targets Mogadishu military base
A suicide bomber killed six guards and a civilian yesterday at a military base in the Somalian capital, officials said, an attack that came after two weeks of intense fighting in war-torn Mogadishu. THE ASSOCIATED PRESS

World

Atlantis back on Earth

Space shuttle Atlantis, left, and its crew of seven returned to Earth yesterday, ending their Hubble Space Telescope repair mission in California after stormy weather prevented a return to NASA's Florida home base. Mission Control waited as long as possible for the weather to improve before finally giving up and directing commander Scott Altman and his crew to the Mojave Desert. THE ASSOCIATED PRESS

Royal chauffeur sold tours: Report

ROYALS A royal chauffeur was suspended yesterday over allegations he gave undercover reporters a tour of the Queen's luxury limousines and other sensitive areas of her home in exchange for money. The News of the World tabloid said two of its reporters, posing as wealthy Middle Eastern businessmen, were shown around secure areas of Buckingham Palace and allowed to sit inside Bentleys used by the Royal Family. The newspaper said it paid the chauffeur $1,800 for the tour.
THE ASSOCIATED PRESS

News in brief

ATTACK Sikhs wielding knives and a gun attacked a preacher at a temple in Vienna, Austria, yesterday in a brawl that left at least 11 wounded, police said.
THE ASSOCIATED PRESS

The postman rings

Astride a decked-out bicycle, complete with playing cards that rattle in his spokes, Sgt. Jacques Ouellette might be one of the most popular soldiers at the Canadian outreach compound in the heart of Kandahar city.

COLIN PERKEL/THE CANADIAN PRESS

Sgt. Jacques Ouellette, postmaster of Camp Nathan Smith in Kandahar, Afghanistan, delivers mail on his bicycle last week.

Ouellette is the postmaster of Camp Nathan Smith, overseeing the thousands of kilograms of mail that flow — courtesy of Canada Post — through the base, which is home to the 400 soldiers and 60 civilians who comprise Canada's provincial reconstruction team.

"It doesn't matter how old you are — you receive a piece of mail, it's like Christmas, it could be July or it could be December," Ouellette said.

On average, close to 2,500 kilograms of letters and parcels arrive from Canada each month — much of it in the form of care packages from loved ones back home.

But there's more to Ouellette's popularity than just the simple joy of mail from home. It's how he delivers it: Atop a funky red bicycle, complete with homemade noisemakers, fluttering strips of white garbage bags and a Maple Leaf flapping in the wind.

The decorative inspiration came from the brightly coloured transport trucks — "jingle trucks," as they're known to the soldiers, so named for the noisy metal curtains of trim that adorn their bumpers — that ply the roads of Afghanistan.

"I saw the trucks with all the bling-bling stuff they have ... so I made it Afghan-style." THE CANADIAN PRESS

Tamil Tigers confirm leader was killed

The defeated Tamil Tiger rebels confirmed yesterday that their supreme leader was killed in the group's final battle against Sri Lankan troops.

The almost mythic commander, Velupillai Prabhakaran, led a terror-driven Tamil insurrection in Sri Lanka for more than a quarter-century. Last week the government declared it killed Prabhakaran and proclaimed victory against his Tamil Tigers, crushing the rebellion that the United Nations estimates cost between 80,000 to 100,000 lives.

But many Tamils didn't believe it.

For some diehard followers, especially those living abroad, it hardly matters whether the legendary guerrilla is alive or dead, as long as the story line carries on of an independent Tamil state in part of this Sinhalese-dominated island.

Even many Tamils who abhorred the Tigers' suicide bombings and assassinations embraced him as their hope for dignity and equal rights in Sri Lanka.
THE ASSOCIATED PRESS

Cremated

- Sri Lankan army Cmdr. Gen. Sarath Fonseka said in an interview published yesterday that Prabhakaran's remains were quickly cremated. "His body was burnt ... and the ashes were sent to the sea," he told the Sinhalese-language Rivira newspaper.

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Comment & Views

Comment

All hail the goddess of shopping

HineSight

Anne Hines
metronews.ca/hinesight

In every age there are certain people who achieve such outstanding excellence in their chosen field of endeavour they become legendary. Shakespeare. Van Gogh. Wayne Gretzky. And, I would add to that list, my mother-in-law, Glenda.

Glenda shops. No, the rest of us shop. We average consumers decide we need something, go into a store, determine if the price is reasonable and buy it. That's shopping. That sort of shopping is to Glenda what a round of miniature golf would be to Tiger Woods.

To Glenda, a garage sale is like shooting fish in a barrel. Glenda big-game bargain hunts. She makes shopping an extreme sport. In her world, store flyers become racing forms. And the "suggested retail price" is merely an opening bid.

Among our circle of friends to "Glenda" a purchase means you talked the seller down to half the ticket price, snagged a gift with purchase and got a voucher for a free lunch. Minimum. She's got membership pricing from stores that don't actually offer memberships.

Recently, I managed a "Glenda." In a local junk store, I spotted three pieces

Sunny Side

of Evesham china. I love Evesham china. I do not own Evesham china because it costs more than china should cost unless it comes with a car or a small country. But I thought, possibly, at junk shop rates, I could afford one piece.

The clerk announced, "We're selling all three pieces together." My heart sank. "And," she said, "the price is seven."

There was a long pause as my brain tried to connect the number seven with anything that made sense in terms of the normal price of these items. Seven camels? Seven years of indentured servitude? Seven years of paying it off on my Visa? Finally, I sputtered, "Seven *dollars?*"

I left the store with that Ikea ad running in my head, "Start the car! Start the car!" raced to Glenda's place and proudly displayed my prize. Her eyes glistened. Then she said what made me realize how truly outclassed I was. "Did you try to talk them down?"

In northern Vietnam there are a people called the Red Daos. Travellers report this tribe has taken the art of haggling to heights unseen in the rest of the world. If someday Glenda goes missing, I'll know she's been spirited away, asked to be their queen. But she'll refuse. She'll hold out for goddess.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

Views

Active transportation combines bikes, transit

InTransit

Ed Drass
metronews.ca/intransit

Suddenly it's a whole lot easier to cycle and use transit together on the same trip. Thanks to a shift toward "active transportation," it will soon be possible to combine transit and bikes for commuting or recreation right across the GTA.

GO Transit and several 905 systems have installed bike racks on all their buses and half of TTC routes are equipped, too. The rest are following.

Bicycle shelters are popping up at GO train stations and suburban transit hubs. More secure bike parking is also on its way — if you're willing to spend a few dollars. This could come in the form of bike lockers at subway stops or fenced areas in GO's new parking structures. As part of Bike Month, the City of

"It will soon be possible to combine transit and bikes for commuting or recreation right across the GTA."

Sunny Side

Toronto will open a secure facility at Union Station this week.

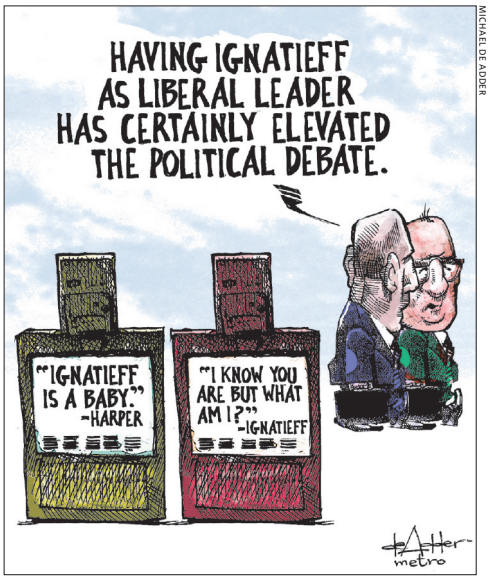
The infrastructure to allow commuters to include pedal power is finally reaching critical mass.

Bikes are still forbidden inside transit vehicles during rush hour, but there are some notable exceptions. GO allows folding bikes on the rail system, and regular bikes are permitted on some trains at peak times — but only in certain directions. See gotransit.com for the exact rules.

The new racks on GTA buses are also opening up the countryside. Take transit to the edge of the city, and then cycle to parks and trails. A great website called bikesandtransit.com has trip suggestions.

See my blog at metronews.ca/eddrass for details and relevant links.

Toronto-based transport writer Ed Drass covers transit issues every Monday; transit@eddrass.com.



MICHAEL DE ADDER

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Specialty Foods first-quarter net profit plunges

Toronto-based Specialty Foods Group Income Fund says its net profit fell to just more than $2 million US in the first quarter ended March 28 from nearly $11.6 million a year ago. Net sales rose to $61.4 million from $57 million, it said. THE CANADIAN PRESS

Business

Union reaches Aeroplan deal

Groupe Aeroplan said Friday that the loyalty rewards program and Air Canada have reached an agreement with the Canadian Auto Workers union on the transition of call centre workers to Aeroplan following mediation at the Canada Industrial Relations Board. Employees will transfer to Aeroplan from the airline as of June 1.

THE CANADIAN PRESS

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

$200M loan eyed for biofuel plant

ENERKEM A Montreal-based company is seeking a $200-million US loan from Washington to build its first U.S. biofuel plant in Pontotoc, Miss., to turn solid waste, wood chips and other feedstock into biofuel.

Enerkem has operated a pilot plant in Sherbrooke, Que., since 2003. Its first commercial plant was in Westbury, Que.

THE ASSOCIATED PRESS

Business in brief

BAILOUT U.S. President Barack Obama said he hoped both GM and Chrysler emerge from their restructuring as "leaner, meaner" companies that are more competitive.

Obama

He says their goal should be to have product lines that appeal to consumers — and that means fuel efficient and high-performance vehicles that Americans are hungry for.

AUTOS Ford Motor Co. said Friday it is giving its hourly workers five more weeks to June 26 to decide whether they want to accept the company's buy-out and early retirement offers. The original deadline was Friday. Ford spokeswoman Angie Kozleski wouldn't say how many of Ford's 42,000 hourly workers have accepted the offers so far.

THE ASSOCIATED PRESS

Royal turnaround

Banks to report quarterly earnings this week

From the woulda-coulda-shoulda file: Royal Bank stock was on sale in late February for less than $26, and the other Canadian banks were similarly discounted.

Shares in Canada's biggest bank closed Friday at $42.25, still off from more than $50 last September but up by 65 per cent from the grim days of late winter.

The Big Five have staged a dramatic revival: Gains since early March range from close to 50 per cent for Toronto-Dominion, Canadian Imperial Bank of Commerce and Scotiabank to almost 70 per cent for Bank of Montreal.

TORSTAR NEWS SERVICE FILE PHOTO

Royal Bank's shares are up 65 per cent since February.

Most analysts don't see this being seriously dented when the banks roll out quarterly reports this week, with a caveat that bank profits are closely linked to general prosperity.

Earnings per share are expected to be down from a year ago — by eight to 20 per cent overall, analysts project — because of slower revenue growth and higher loan-loss provisions in a dreary economy.

BMO reports tomorrow on the February-April period, the second quarter of the banking year, followed Thursday by Scotiabank, CIBC, TD, and No. 6 National Bank of Canada. The Royal reports Friday.

THE CANADIAN PRESS

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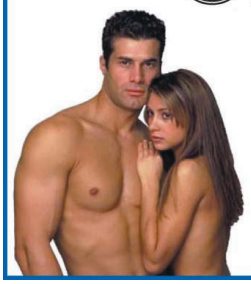

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Investors worry rally's spring run near its end

MARKET The Toronto stock market finished higher last week as the spring rally powered ahead for an 11th week, taking the main index up 32 per cent from the lows of early March.

But some analysts are concerned the rally could be set to stumble and indexes could test the lows hit on March 9.

Confidence that economic conditions have turned a corner were shaken last week. The U.S. Federal Reserve changed its outlook for 2009, projecting the U.S. economy will shrink this year by between 1.3 and two per cent. The previous forecast was for a decline of 0.5 to 1.3 per cent.

The following day, credit ratings agency Standard & Poor's said Britain may have its rating cut because of rising debt levels.

9.6 The U.S. Federal Reserve says in its outlook for 2009 that unemployment may hit 9.6 per cent, up from a previous estimate of 8.8 per cent.

Investors worry outlook cuts are possible in other countries like the U.S., which are borrowing heavily to finance massive stimulus plans. "Already we're talking about a $3-trillion US combined deficit for two years," said Andrew Pyle, investment adviser at ScotiaMcLeod.

THE CANADIAN PRESS

Canadians still enjoy good book

PROFIT Indigo Books & Music Inc. has declared its first dividend and delivered fourth-quarter results that show Canadians still thirst for a good book during tough economic times.

The company said it would pay a cash dividend of 10 cents per share on its common shares.

The quarterly results included weaker after-tax profits but a surge in revenues of four per cent.

The company posted a profit of $1.9 million for the period ended March 28. That's compared to $3.1 million in the same period a year earlier. Revenues rose to $214.5 million from $206.2 million.

THE CANADIAN PRESS

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Find cleaning rags around the house
Why buy cleaning cloths and wipes when you can reuse so much of what often goes into the garbage? Old towels and cotton underwear, well washed, make the best cleaning rags. TORSTAR NEWS SERVICE

Going Green

Tree planting tips
If you have a yard, consider planting a deciduous tree on the south side of your lawn to block the sun during the summer, and let in solar energy during the winter when it sheds its leaves. If there's room, plant conifers on the north side to act as winter wind blocks.
TORSTAR NEWS SERVICE

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

Success stories

EarthTones

Sometimes threats to the environment we are dealing with these days seem daunting. Global warming, deforestation, polluted air and water … the list goes on.

Certainly these are grave problems requiring international co-operation, however, international co-operation to solve an environmental problem is not without precedent. Although difficult, it has happened on several occasions and threats to the environment have been removed and environmental conditions have improved.

Since your columnists inhabit the Great Lakes area, one of the first to spring to our minds is Lake Erie. In the second half of the 20th century the water quality in Lake Erie declined dramatically due to phosphorus run-off. The high phosphate levels caused eutrophication and resulted

Sunny Side

in algal blooms. When this algal biomass started to decay it used up a large amount of the oxygen dissolved in the lake's water. The low oxygen concentrations in the water then led to fish kills. The large numbers of dead fish caused water quality to decline still further. At one point, one of Lake Erie's tributaries in Ohio actually caught fire. As you may have guessed, unpolluted water doesn't burn so this was an indication something was very wrong.

However, in 1972, the U.S. Congress passed the Clean Water Act and an agreement was reached between the U.S. and Canada regarding the control of phosphorus entering the lake. Over time water quality in Lake Erie improved. By the mid-1980s, Lake Erie was an entirely different lake. Fish populations rebounded and the lake and its tributaries no longer caught fire.

Another example of international co-operation that has resulted in positive change is the Montreal Protocol. This international agreement concerned the ozone layer and the control of substances such as chlorofluorocarbons (CFCs) that deplete the ozone layer. In 1985, it was reported that the ozone layer, a layer of gas that prevents harmful ultraviolet light rays from reaching the Earth's surface, was significantly thinner and holes in this layer had appeared over the Arctic and Antarctic. CFCs were, amongst other things, used as propellants in aerosol sprays such as hairspray, which people used a lot of in the 1980s.

The Montreal Protocol, which phased out CFCs, was drafted in 1987 and came into force in 1989. Since then, ozone destruction has slowed and some projections have been made that, by 2050, the holes in the ozone layer will have closed up and the ozone layer will have recovered.

Of course Lake Erie and many other lakes in Canada still face damage from nutrients and other forms of pollution, invasive species, and a host of other challenges, and we all still need to slather on the sunscreen, but significant progress has been made on these fronts and should give us encouragement on others.

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University; earthtones.metro@gmail.com.

News in brief

POLITICS The Green Party of Ontario is looking for a new leader. Frank de Jong, who has headed the party since 1993, has announced he will be stepping down. The 53-year-old de Jong says holding the party's top job for the past 16 years through four general elections has been "profoundly challenging and rewarding."
THE CANADIAN PRESS

ADVERTISING FEATURE

HOW TO LOSE WEIGHT USING THE POWER OF YOUR MIND

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by Rob Sugar N.L.P.

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A group of Toronto Weight Loss Coaches and Therapists are hosting a **Free Weight Loss Event & Buffet Dinner** at the North Toronto Memorial Community Centre at 200 Eglinton Avenue West, on Tues. May 26 & Thurs. May 28, 7p.m. - 8:45 p.m. Registration is free at www.FreeWeightLossEvent.com or call 416-440-6176. At the event participants will discover a completely different approach to losing weight. 5 clinically proven techniques will be introduced to retrain the mind and handle:

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Sabbatini sets tournament record

Rory Sabbatini won the Byron Nelson Championship, finishing with a two-stroke victory over late-charging Brian Davis. Sabbatini shot a 6-under 64 yesterday to finish with a tournament record at 19-under 261 for his fifth PGA Tour victory. THE ASSOCIATED PRESS

Sports

Goat Canucks Goat

The Vancouver Canucks' playoff run may have already come to an end, but a charity drive by some of the team's fans just keeps "goating and goating." University students from Langley, B.C., decided to mark the Canucks playoff run this season by donating goats for each win to a village in Kenya. The group spawned a popular Facebook group, which then spawned goatcanucksgoat.com. As a result, 875 goats are now Africa-bound. METRO NEWS SERVICES

SPORTS@METRONEWS.CA

Sports in brief

BLUE JAYS Brian McCann homered twice and pinch-hitter Chipper Jones drove in the go-ahead run with a bases-loaded single in the seventh as the Atlanta Braves beat the Toronto Blue Jays 10-2 yesterday to cap a three-game sweep.

SOCCER Newcastle and Middlesbrough were relegated from the English Premier League yesterday, while Hull and Sunderland stayed up. Newcastle lost 1-0 at Aston Villa and Middlesbrough was beaten 2-1 at West Ham to finish in the last three teams on the final day of the league season. Last-place West Bromwich Albion was already certain to go down.

INDY 500 Helio Castroneves capped a perfect month of May with the biggest win of all, pulling away to capture his third Indianapolis 500 just 5½ weeks after being acquitted of tax evasion charges. Paul Tracy of Toronto was ninth and Alex Tagliani of Lachenaie, Que., was 11th.

FORMULA ONE Jenson Button won the Monaco Grand Prix yesterday to stretch out his Formula One championship lead to 16 points. Button finished 7.6 seconds in front of Brawn GP teammate Rubens Barrichello for his fifth win of the season.

METRO NEWS SERVICES

Detroit takes stranglehold

Stanley Cup
2009 **Playoffs**

(Detroit leads series 3-1)

Detroit 6 Chicago 1

VS

Marian Hossa and Henrik Zetterberg scored two goals each yesterday as the Detroit Red Wings overcame the absences of Nicklas Lidstrom and Pavel Datsyuk to rout the Chicago Blackhawks 6-1 and take a 3-1 lead in the Western Conference final.

The defending Stanley Cup champions can clinch a return trip to the final with a victory Wednesday at home.

The Red Wings played without six-time Norris Trophy winner Lidstrom, who was scratched due to a lower body injury. MVP finalist Datsyuk missed his second straight game with a sore foot.

Johan Franzen and Valtteri Filppula also scored for Detroit, and Chris Osgood made 18 saves in two periods. The Red Wings had three power-play goals and one short-handed tally.

Chicago goalie Cristobal Huet, making his first start of these playoffs in place of injured Nikolai Khabibulin, gave up four goals and was pulled in the second. Rookie Corey Crawford took over for the last 15:55 of the period, but Huet returned in the third and gave up Zetterberg's second power-play goal that made it 6-1.

Jonathan Toews had Chicago's lone goal on a second-period power play.

THE ASSOCIATED PRESS

JIM PRISCHING/GETTY IMAGES

Chicago's Patrick Kane is sandwiched by Detroit's Henrik Zetterberg, left, Mikael Samuelsson yesterday during the Red Wings' 6-1 win in Game 4 of the Western Conference final.

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MLB

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Atlanta 10 **TORONTO** 2
Boston 12 N.Y. Mets 5
Cincinnati 4 Cleveland 3 (11 ings)
Colorado 3 Detroit 1
Florida 5 Tampa Bay 4 (11 ings)
Kansas City 3 St. Louis 2
Philadelphia 4 N.Y. Yankees 3 (11 ings)
Texas 5 Houston 0
Pittsburgh 4 Chicago White Sox 3
Washington 8 Baltimore 5
Oakland 6 Arizona 2
L.A. Angels 10 L.A. Dodgers 7
Seattle 5 San Francisco 4
Milwaukee at Minnesota

AMERICAN LEAGUE

TODAY
TORONTO at Baltimore
N.Y. Yankees at Texas
Boston at Minnesota
Detroit at Kansas City
Seattle at Oakland
Tampa Bay at Cleveland
Chicago White Sox at L.A. Angels

TOMORROW
TORONTO at Baltimore
Tampa Bay at Cleveland
N.Y. Yankees at Texas
Detroit at Kansas City
Boston at Minnesota
Chicago White Sox at L.A. Angels
Seattle at Oakland

NATIONAL LEAGUE

YESTERDAY
San Diego 7 Chicago Cubs 2

TODAY
Houston at Cincinnati
St. Louis at Milwaukee
L.A. Dodgers at Colorado
San Diego at Arizona
Atlanta at San Francisco
Florida at Philadelphia
Washington at N.Y. Mets
Pittsburgh at Chicago Cubs

TOMORROW
Florida at Philadelphia
Houston at Cincinnati
Washington at N.Y. Mets
Pittsburgh at Chicago Cubs
St. Louis at Milwaukee
L.A. Dodgers at Colorado
San Diego at Arizona
Atlanta at San Francisco

NHL

YESTERDAY
Detroit 6 Chicago 1

TOMORROW
Pittsburgh at Carolina

NBA

YESTERDAY
Cleveland at Orlando

TODAY
L.A. Lakers at Denver

TOMORROW
Cleveland at Orlando

MLS

SATURDAY
TORONTO FC 3 New England 1
Houston 3 San Jose 1
Kansas City 1 Chivas USA 1
Los Angeles 1 FC Dallas 1
Real Salt Lake 0 D.C. United 0
Seattle FC 2 Colorado 2

SUNDAY
Chicago 1 New York 0

Spitfires win Memorial Cup

JUNIOR HOCKEY The Windsor Spitfires scored on their first three shots of the game and went to defeat the Kelowna Rockets 4-1 and claim their first MasterCard Memorial Cup championship yesterday.

Adam Henrique, Dale Mitchell and Rob Kwiet scored in the first period, while Ryan Ellis got one in the second for the Spitfires, who opened the tournament with a pair of losses and then ran off four straight wins to take the title.

Colin Long scored for Kelowna, which won the Memorial Cup in 2004.

The win ended the reign of the Western Hockey League as Canadian junior hockey champions after wins in 2007 by the Vancouver Giants and 2008 by the Spokane Chiefs. Windsor is the first Ontario Hockey League club to win since the London Knights in 2005.

THE CANADIAN PRESS

The louder the fans, the sweeter the win.
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4367 Steeles Ave. W
5815 Yonge St.
4905 Yonge Street
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Rangers win Scottish league

Rangers regained the Scottish Premier League title yesterday, preventing Celtic from winning its fourth straight title. THE ASSOCIATED PRESS

Making a difference

Dino Rossi takes a chance to support national teams

JustSoccer

Ben Rycroft

metronews.ca/justsoccer

Sunny Side

It's never been easy to be a soccer fan in Canada. From problems that start with the CSA, the sport's organizing body, to a lack of mainstream media coverage, to the politics that have crippled the game here — it has has left more than a few fans of the beautiful game disenfranchised.

But one man, and a few others like him, have taken it upon themselves to circumvent the politics and start making changes on their own.

Meet Dino Rossi — perhaps the biggest supporter of Canada's national teams today.

Sick of a lack of promotion for national team games, where only a couple thousand fans would show up, Rossi took it upon himself to become a one-man marketer for the sport.

Using mass emails from a list of contacts that rivals anything any organizing body in Canada has, he bought and sold (for no profit) 2,000 tickets to the men's national team game against Jamaica last year.

This year, to ensure the women's national team will have a good crowd tonight in Toronto against the U.S., he maxed out his credit card to move around $18,000 worth of tickets. Again for no profit.

Dino Rossi

So, why does he do it?

"When Canada's national teams play here I want them to feel at home, for it to be an event and have a big crowd for our players — not to just be playing in front of their friends and family," Rossi said yesterday.

"The CSA is not a marketing company ... this is a women's game, it should have been marketed where women will be listening."

It's the little things that can make a difference.

And fortunately, for the CSA and soccer fans alike, Dino is into the details. He bought seats where the TV cameras will be pointed, "to get better visuals," and pre-bought seats for Toronto FC supporters so they could sit where they normally do to watch the women play.

But despite a couple months of hard work, he was still sitting on 30 tickets as of Friday — $400 out of pocket.

"I was prepared for it ... I like to think though that if you do good things, good things will happen to you."

By Saturday, good things had happened — a group called up looking for exactly 30 tickets. He still won't break even; interest on his credit card has to be paid.

But the game in Canada continues to grow and it's thanks, in large part, to people like Rossi.

Watch Ben Rycroft on the It's Called Football show every Sunday at metronews.ca; ben.rycroft@metronews.ca.

www.newnordic.ca

NEW NORDIC

The Man Who Made the Whole Town Lose Weight

In the small town of Alesund in Norway, many of its residents began eating a common plant that made over 1,500 of them lose weight! It all began in 2006 when a customer of Johnny Pettersen, a local health food store owner, asked him for advice on how to eliminate sugar cravings.

"I gave my customer mulberry leaf tablets because mulberry is known to lower your blood sugar after meals. When blood sugar is stable, sugar cravings disappear. And it worked very well. I started recommending mulberry to many customers and soon noticed that they were losing weight. This made me curious, so I studied the effect of mulberries on blood sugar, insulin and fat burning. Surely enough, because of the effect on blood sugar, mulberry leaves also lead to lower insulin secretion, which makes you able to burn stored fat better and also reduces fat storage from excess calories."

The 10-day diet

When Pettersen increased the dosage, recommending two mulberry tablets before each meal, he found that his customers not only controlled their sugar cravings, but also lost significant amounts of weight.

"I recommended that customers follow the programme for a minimum of 10 days in order to eliminate their need for sugar stimulation. Sugar works as a drug on the brain and people need to eliminate the need for a 'sugar high' if they want to stay slim. Taking mulberry leaves, my customers changed to a healthier diet without even noticing it — they simply didn't crave sugar."

1500 people lost weight

After the success of the first customers, word travelled fast. In the last 12 months Pettersen has worked with over 1,500 customers in Alesund and the surrounding area. He feels that his simple and natural mulberry formula has been a tremendous success.

He concludes, "Once my customers try mulberry leaves, they come back, often with friends and family, and buy several packages. It is rewarding because I see them coming back happy, healthy and slimmer."

MULBERRY - A BREAKTHROUGH!

For centuries, the Japanese culture, which is known for having a long life and a slim, healthy physique, has enjoyed the benefits of mulberry leaves. We now know from clinical studies how mulberry leaves regulate blood sugar levels. For dieters, this means a lower production of insulin after eating carbohydrates. Insulin is responsible for storing excess calories as fat and for shutting down fat burning. Too much insulin is a dieter's worst enemy!

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Robert Kiyosaki will not attend this workshop.

Metro Workology exclusive: Head to Toe
In the coming weeks Metro's Workology section will be setting its sights on the health industry and all jobs and careers therein. So be sure to read Workology and Metronews.ca/work for the special Head to Toe series.

Workology

Flat tuition at U of T

A proposal to introduce a flat tuition fee at the University of Toronto's arts and science faculty will go ahead as the university's governing council has approved the plan to charge new full-time students at the St. George campus for five courses, regardless of how many they take, beginning in September 2011. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Getting the knots out

Massage therapy a lucrative and relaxing job market

Head to **Toe**

MAT LECOMPTE
for Metro Canada

There should be one word that comes to mind after reading the following job description: "You can work outdoors, year round with your hands, never get dirty or worry about developing chronic back pain."

That word: Lie.

Unless, of course, that statement was written about a massage therapist.

In addition to offering a form of pain-free manual labour, massage therapy offers plenty of financial incentive — the average price for a 60-minute massage is about a dollar a minute — and the option to choose your own hours. Not a bad start. From providing spa-powered relaxation to treating sports injuries, massage therapy can be a good career choice for nearly anyone interested in health. Plus, who doesn't like a person who gives a great massage?

David Lamy, instructor and admissions councillor at Toronto's Elmcrest College, says a career in massage therapy offers people a rewarding lifestyle that can begin almost instantly upon graduating from their two-year program.

"Right now, there are more jobs available than there are people to do them," says Lamy, who has been a massage therapist for 11 years. He says this is because the various benefits of massage therapy have become more exposed in recent years and are increasingly recognized by many insurance plans as an essential health service.

In terms of career options, Lamy says there really isn't any avenue you can't pursue as a certified massage therapist.

Take 28 year-old Craig Knight for example. A certified massage therapist, entrepreneur and golf enthusiast, Knight started up a small business called Hands at Work almost immediately following graduation. The business focussed specifically on providing massage services in corporate environments. Basically, he would show up at your office with his massage chair and work his magic on employees.

However, as his business grew, he began to get more and more inquiries about appearing at corporate golf tournaments. Considering he knew quite a bit about the intricacies of golf, he figured he would switch gears and start focusing on a specific niche: Golfers.

"While in school I always believed that it was important to specialize and work within a particular niche market," says Knight. "There are thousands of practising massage therapists and I wanted to find a way to stand out."

He says his "ah-ha!" moment came to him while working a golf tournament and at least one golfer in every foursome he encountered was complaining of some type of golf-related pain. From that experience, he created a new business called TournamentTouch (tournamenttouch.com) that specializes in on-site massage therapy for golfers.

Of course, the golf season in Canada is only a few short months. This winter Knight took a position with Back9Fitness (back9fitness.com) in Fort Worth, Texas. Working with professional PGA Tour golfers like Rory Sabbatini, Jason Bohn and Jason Day, he helped these players in removing the physical barriers that were impacting their play.

With his help, these pros are now able to practise longer, move more freely and improve nearly every physical aspect of their game.

For more of the Head to Toe exclusive series check Workology frequently or stop by: **metronews.ca/work**

A career in massage therapy offers people a rewarding lifestyle that can begin almost instantly upon graduating, says David Lamy of Elmcrest College in Toronto.

GETTY IMAGES

Craig Knight, certified massage therapist, counts PGA Tour pro Rory Sabbatini, seen here, as one of his clients.

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Nova Scotia NDP promises more community college seats

As part of its election platform, the NDP in Nova Scotia is promising to create an additional 250 seats at Nova Scotia Community College. Party leader Darrell Dexter says the extra seats are part of his campaign to ensure more young people stay in the province. METRO NEWS SERVICES

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How to Twitter your business to the top

CANICE LEUNG
Metro Canada

If there was any doubt micro-blogging and social networking site Twitter has arrived as a true online force, it will disappear tomorrow when an estimated 300 people descend upon Mountain View, Calif., for 140: The Twitter Conference.

Over two days at the Computer History Museum, developers, bloggers, the entrepreneurial and PR-types will attend seminars on how to use Twitter to promote businesses.

It's being organized by Parnassus Group, a consulting firm that helps companies track and manage what's being said about them on social media — Twitter, Facebook, blogs, message boards and everywhere on the web.

The Twitter Conference may seem too miniscule topic to base an entire conference around — especially at $395 US a head — but Steve Broback, head of Parnassus, thinks otherwise.

"(Attendees) are Twitter enthusiasts, and want to commune with other early adopters of what is emerging as a pivotal web-based ecosystem," he says — and the way he puts it, it's a broad audience.

In such a connected age, it would be remiss for a company not to represent itself online, especially on Twitter, a format that lends itself to honest, direct conversations — the 21st century version of word-of-mouth.

"As individuals and consumers, we have a lot of power today that we never had in the past. We can share our impressions on anything, just about anywhere online," says Warren Sukernek, director of content marketing for Radian6, a Fredericton, N.B.-based company similar to Parnassus Group. "The really impactful ones (such as) a simple blog post can spread virally like wildfire."

That's why it's imperative for companies to maintain a strong Twitter presence, build relationships and respond to what's being said about them, he adds.

Companies successful on Twitter bear similarities. For example, JetBlue Airways (@jetblue) reports delays, announces fare sales and answers questions, while U.S. Internet provider Comcast (@comcastcares) has been a case study in amending its poor reputation. In 2006, a Comcast technician who fell asleep on a customer's couch while on hold with his own company support line became a YouTube embarrassment, but the company now works to prove they really do care, resolving any problem instantly through Twitter that might otherwise require being put on hold for hours. Both identify employees manning the Twitter account, to build a sense of personality to the conversation.

Sukernek uses the much-grumbled-about Rogers as a hypothetical example: "If you were to send a question to Rogers, and they didn't respond, your impression is that they failed, they stink. Whereas on the other hand, if you said something to them … and they responded within 10 seconds, and it was relevant, you'd think, 'Wow, that's cool that there's a person there.' Being on Twitter can humanize a company and a brand."

Warren Sukernek

Ignoring customers won't work; that's clear. Neither will shamelessly shilling its product, adds Broback.

In a lot of ways, social networking sites really are what they're called. The time-old rules of traditional networking still stand, says Sukernek: Be friendly, helpful and ready to reciprocate. "Networking has existed forever and all the strong benefits of networking don't change today."

Getting started on Twitter

- Sign up and grab your company name right away.
- Listen for conversations or relevant keywords (using search.twitter.com) and responding appropriately.
- Share items you think your customers would be interested in. Twitter is about contributing to a conversation too.
- Personalize and humanize by identifying company reps by name.
- Search competitors and partners. See how they're using Twitter, and look at their followers to discover what they care about.

To follow the conference in real time on Twitter, go to search.twitter.com and look up #140TC. All attendees, including Metro's own Chris Tindal and Jodi Brown, are marking their posts with that tag.

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Kingston police do not expect rowdy Queen's reunion
Police in Kingston, Ont., are not worried about this weekend's spring reunion at Queen's University turning into a booze-fuelled street party, as has happened during past fall Homecomings. METRO NEWS SERVICES

Sheet music mastery

OddJobs

To be a symphony librarian you need to have an understanding of playing in an orchestra or else you'll be lost.

The next time you go to the symphony, notice one little detail. Before the conductor comes out to raise his baton, someone dressed like an orchestra member comes out and places the score on his stand.

That person is the symphony librarian, and he or she is in charge of all the written music for the orchestra.

Gary Corrin, 53, the Toronto Symphony Orchestra's principal librarian, started out as a musician — which is typical for his job. "Having an understanding of playing in an orchestra is really important," he says.

Corrin grew up in California and began playing the clarinet in grade four. In university, he got serious about the instrument and decided to make it his career. In grad school in Oregon, he played in a small orchestra for a tiny salary.

One day, the personnel manager for the orchestra announced: "Our librarian just quit, anyone want to do this?" Corrin offered, keen on the extra pay.

He liked the job, which he learned as he went, and kept playing too. After graduation, he started auditioning around the country for a job as a player, but also put out applications for librarian gigs.

Corrin quickly found out that there was much less competition for the librarian positions, and was soon hired by an orchestra in Denver. He moved around the U.S., getting better and better jobs at progressively larger orchestras. He came to Toronto in 1992 for his present job.

Before every rehearsal and every performance, Corrin or the associate librarian place a folder of music on the players' stands. (This is one reason you need to know the orchestra well, or you'd never know where the first violinist sits.) They remain on hand while everyone plays in case there's a problem with the music.

They take care of the symphony's library, which is stocked with 2,000 big black folios containing scores — the conductor's copy, which contains all the parts — plus the parts for every instrument from trumpet to percussion to violin.

Corrin spends office hours researching upcoming pieces the orchestra will play and buying or licensing the version the conductor wants to use.

Librarians are also charged with the task of handwriting special notations on sheet music to guide the string players' bow movements, so they'll all be unison.

In his spare time Corrin's an avid cyclist, plus he still plays the clarinet.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

The Lowdown

Job title: Orchestra librarian.
Education/training: Knowledge of music and the orchestra, plus on-the-job training.
Best Part of the Job: "Being around the players and music. They're really smart and really accomplished."
Worst Part of the Job: "Having so many demands by so many people. You could be helping three or four players and then the conductor wants you and you have to drop everything."

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Kissing at Cannes

Harvey Weinstein pressed Robert Pattinson into service at the Cannes Film Festival suggesting the actor auction off a couple of pecks on the cheek to someone's daughter. The Twilight star obliged, and each kiss ended up raising more than $30,000 US for AIDS charity amfAR. **METRO WORLD NEWS**

Entertainment

Film option

Jessica Biel is looking to expand her resume. Could a future film include boyfriend Justin Timberlake? "If it was the right thing, yeah, I would love to co-star with Justin," says Biel. **PEOPLE.COM**

EDITOR: DEAN.LISK@METRONEWS.CA

Entertainment in brief

MURDER A man accused of murder in the shooting death of Dolla at a Los Angeles mall has pleaded not guilty. Aubrey Berry entered the plea to murder and assault charges in a Los Angeles courtroom Friday morning. **THE ASSOCIATED PRESS**

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New face of TV sports

Score reality series Drafted seeks fledgling sportscasters

IAN JOHNSTON
for Metro Canada

Finding Canada's next great sportscaster isn't an easy job — even for an expert.

"There's no formula to it," says Derek Snider, sportscaster for The Score and executive producer of its new contest/reality series Drafted: The Search For Canada's Next Sportscaster. "I've personally made some great hires over the years. And some great blunders."

The contest — which begins holding cross-country tryouts in Halifax today — hopes to eliminate that guessing game with a rigorous national audition process.

It all leads to the "final five" contestants, who will duke it out on The Score in a series of "real world" sportscasting challenges. The winner of Drafted will get a one-year contract with The Score.

"We're only hiring one person, but the other final four will hopefully walk away with a great experience they can use in their own careers," says Snider, who has worked at The Score since 1997.

But to begin with, would-be sportscasters across Canada need only fill out a short application via Drafted's web site (drafted.ca). Snider says the response so far has been overwhelming.

"It's created quite a buzz. In the first three days, I think we got 550 applicants."

Experience is not a prerequisite for Drafted. Snider says on-air journalists will be considered equally alongside participants with nothing more than a passion for sports for all kinds.

"We have a different way of doing things at The Score. There are those who went the regular channels of school experience and working your way up the ladder. And those who had no education in broadcasting whatsoever, but who live and breath sports," he says. "We're looking for somebody. But we're not sure who that is yet."

Derek Snider, sportscaster for The Score and executive producer of its new contest/reality series Drafted: The Search For Canada's Next Sportscaster.

"We're only hiring one person, but the other final four will hopefully walk away with a great experience they can use in their own careers." Derek Snider

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Think you got the stuff to become Canada's Next Sportscaster?

- Go to drafted.ca and fill out an online application. Auditions take place in Toronto on June 13 and 14.

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Bundchen pregnant?
Supermodel Gisele Bündchen is expecting her first child with husband Tom Brady, according to Radar Online. The couple, who were married in February, were spotted leaving a Park Avenue gynecologist earlier this month. METRO WORLD NEWS

Ballad of John and Jerry

Toronto lawyer recounts encounter with Lennon in new book

KEVIN COURRIER
for Metro Canada

When I "met" John Lennon back in 1966, after The Beatles' final Toronto concert, I accidentally tripped him as he was heading down a flight of stairs on his way to the group's press conference.

Author and lawyer Jerry Levitan did way better. As a 14-year-old determined Beatles fan, he snuck into Lennon and Yoko Ono's Toronto hotel room back in 1969. He ultimately got a taped interview with these two famous pop figures as they were launching their world peace campaign.

"The moment when I barged into the room and saw John and Yoko, I knew it was a profound moment," Levitan recalls. "I knew it would change my life forever." Indeed it did.

In 2008, his tape would subsequently form the basis of an Oscar- and recent Emmy-nominated animated short called I Met the Walrus. Now Levitan's dream story has been turned into a delightfully engaging and informal memoir (also titled I Met the Walrus) about how his brush with greatness altered his life in totally unexpected ways.

"I was definitely an unusual kid," Levitan explains. "And I had this great need to see a different world than my north Toronto suburb where I didn't feel that I fit in."

Within that quaint suburb, Levitan describes himself as a loner with thick glasses and no hope, or desire, to be the school quarterback. But he was a huge Beatles fan — and John Lennon was his idol.

"He was the kind of person I wanted to be." And when they met, they discussed the prospects for world peace and how high school students could best help in attaining it.

Meeting Lennon obviously transformed Jerry Levitan's life, but it turns out that his story also had an indelible impact on one of its subjects — Yoko Ono.

"A couple of years ago I was in Las Vegas for the first anniversary of the Cirque de Soleil's Beatle show, Love," Levitan recalls. At the after-show party, he saw Yoko and went up to her and said, 'I was the 14-year-old kid in Toronto…" But before he could finish his sentence, she immediately clasped both his hands. "Water was welling up in her eyes, and she kept saying, 'Oh my God, oh my God!,'" Levitan recalls. "She actually remembered me and was likely remembering a happier time with her husband."

HANDOUT/TORSTAR NEWS SERVICE

In this handout photo, 14-year-old Jerry Levitan is seen with John Lennon in a Toronto hotel room in 1969.

Acclaim

• The I Met the Walrus documentary recently received Daytime Emmy Award nominations and a nod from The Banff World Television Awards. The book will hit stores in Canada tomorrow.

Efforts on for Slumdog kids

The search for new homes for two impoverished child stars from the hit movie Slumdog Millionaire has intensified, as one child fell sick days after city authorities demolished the shanty where she lived, family members said.

Nine-year-old Rubina Ali came down with a fever Friday and spent a few hours in a local hospital, they said.

"I'm fine now, but I feel tired," Rubina said Saturday as she lay in bed, resting at her uncle's house.

Rubina's block was razed last Wednesday to make way for a planned pedestrian overpass at a commuter train station in Mumbai.

"We are trying our best to finalize things as soon as possible."
Jai Ho trustee

Last week, co-star Azharuddin Mohammed Ismail's home was demolished.

After the runaway success of their film, Slumdog director Danny Boyle and producer Christian Colson set up the Jai Ho trust to ensure the children receive proper homes, a decent education and a nest egg when they finish high school. They have also donated US $747,500 to a charity to help slum children in Mumbai.

The filmmakers have agreed to raise the amount of money they will spend on new apartments for each family from $30,000 to $50,000, a Jai Ho trustee and Rubina's father, Rafiq Qureshi, both said.

In addition, the filmmakers have agreed to give each family a stipend of $130 a month and a lump sum of $3,000 a year to support the children while they are in school, the trustee and Qureshi said.

"We are trying our best to finalize things as soon as possible," Jai Ho trustee Nirja Mattoo said Saturday.

THE ASSOCIATED PRESS

RAJANISH KAKADE/THE ASSOCIATED PRESS

Slumdog Millionaire child star Rubina Ali rests at a relative's home in Mumbai on Saturday. The search for new homes for Rubina and co-star Azharuddin Mohammed Ismail is still on.

Hustler's Flynt brothers in legal tiff

LAWSUIT The brother of Hustler magazine publisher Larry Flynt is accusing his famous sibling of trying to force him out of the family's pornography business.

Larry Flynt owns a building in Cincinnati where his brother operates a Hustler retail store.

In a lawsuit filed Friday in Ohio, Jimmy Flynt says his brother wants to evict him in retaliation for refusing to give a loan to Larry Flynt Productions.

Larry Flynt contends his brother is behind in rent.

Jimmy Flynt says the eviction notice is also an attempt by Larry Flynt to get leverage in a separate trademark lawsuit in California.

In that case, Larry Flynt has sued his brother's two sons for selling their own line of adult movies under the family name.

Liz Taylor tweets from hospital

MICROBLOG Elizabeth Taylor is in the hospital, but she's well enough to communicate on Twitter.

A publicist for the 77-year-old actress says she "entered the hospital for a routine visit and is doing fine." Spokesman Dick Guttman added that Taylor has "fallen in love" with the popular microblogging site.

She tweeted Friday, asking a friend to get the dog past hospital security.

THE ASSOCIATED PRESS

Weekend box office

Estimated ticket sales for North American theatres:

1. **Night at the Museum 2:** $53.5 million US
2. **Terminator Salvation:** $43 million
3. **Star Trek:** $22 million
4. **Angels & Demons:** $21.4 million
5. **Dance Flick:** $11 million
6. **X-Men Origins: Wolverine:** $7.8 million
7. **Ghosts of Girlfriends Past:** $2 million
8. **Obsessed:** $2 million
9. **Monsters vs. Aliens** $1.4 million
10. **17 Again:** $1 million

THE ASSOCIATED PRESS

Eva as Maria?

Eva Longoria Parker plans to celebrate her Latina roots on the big screen — she is eyeing a movie about the life of legendary Mexican film star Maria Felix, who passed away in 2002 at the age of 88. FEMALEFIRST.CO.UK

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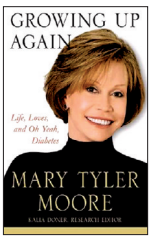
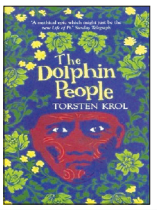
More Mary Tyler Moore



Growing Up **Again**

Author: Mary Tyler Moore
Publisher: St. Martin's Press
Price: $27.95 (Hardcover)

The celebrity namesake behind The Mary Tyler Moore Show doesn't shy away from disclosing her weaknesses. From the recovering alcoholic introduced in her 1995 autobiography After All, Moore shifts to the struggling Type 1 diabetic in Growing Up Again. The memoir vividly recounts Moore's often-combative attitude toward treating the disease, recalling episodes endured at public events and behind the scenes on her various film and television sets. By candidly sharing her experiences, Moore provides a guide chronicling "what not to do" for fellow sufferers, while sharing the humorous snapshots of her very public life and private loves.



The Dolphin **People**

Author: Torsten Krol
Publisher: McArthur & Company
Price: $24.95 (Paperback)

Hermitic Australian author Torsten Kroll presents an epic tale of post-WWII adaptation in The Dolphin People. Adolescent brothers Erich and Zeppi leave Germany to start fresh in Venezuela with their widowed mother, Helga. When Helga marries her brother-in-law doctor Klaus, her children seem relatively unfazed. But when the family hits a heavy storm while flying to the jungle where Klaus is set to work, their plane crashes into an Amazonas river, forcing them to bond quickly. Rescued by the Yayomi, the family learns to adjust to tribal ways, but not long before their bond is broken when the boys discover stepfather Klaus has something to hide.

BookPicks

Memory: An **Anthology**

Editors: Harriet Harvey Wood & A.S. Byatt
Publisher: Vintage Books
Price: $34.95 (Paperback)

What is a civilization without memory? Its absence prohibits us from making historical connections, chronicling change or improving for the future. In the three-part Memory: An Anthology, the mysterious mental power is dissected in a score of essays by a selection of classic and contemporary academics and thinkers. From memory's links to childhood and imagination to its influences in art and science, the collection approaches memory from a plethora of perspectives. Intertwined with writings by Shakespeare, Virginia Woolf, Wordsworth and others, Memory balances educational and literary bodies of thought.

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Quebec shines at Cannes
Quebec filmmaker Xavier Dolan took three awards at the Cannes Directors' Fortnight for his French-language film I Killed my Mother. THE CANADIAN PRESS

Talented Mr. Barnes

Narnia star tries comedy, singing in Easy Virtue

STEVE GOW
for Metro Canada

He may have played the title role in The Chronicles of Narnia: Prince Caspian, and he'll soon be starring as Dorian Gray, but actor Ben Barnes insists he's not building a movie career around classic literature.

"These stories stand the test of time. They're good stories and I always look at the script and character first before I look at the director or who else is in it," said the young actor during a recent phone interview.

"I mean, I'll do some modern things eventually but it just happens that these are the things in front of me that are exciting."

You can toss Easy Virtue onto that pile of exciting projects as well. Although the comedy (which hits theatres this Friday) is also an adaptation (it was based on Noel Coward's 1924 play), Barnes' latest movie takes a cheeky look at life in early 20th century England.

Ben Barnes plays a young British man who marries Jessica Biel's character in the comedy Easy Virtue, in theatres this Friday.

When young John Whittaker (Barnes) impetuously marries a sexy, free-spirited American (Jessica Biel), it horrifies his aristocratic family and turns his uptight mother (Kristin Scott Thomas) towards sabotage.

"It's very mischievous," said London-born Barnes. "We have a loud-mouthed, obnoxious Australian director (Stephan Elliot) who's kind of prodding us literally with his fingers on the set and (it's) poking fun at the British really — that's why I think its done so well in Europe, Australia and other countries where they love to hate us.

"And we have an American heroine as well so I've got big, big hopes for it (in North America)."

For audiences, one of the more fascinating aspects of Easy Virtue lies in the music. Not exactly a musical, the film is still loaded with great songs from the period. Elliot embraced the golden era of jazz even more by adapting such modern hits as Tom Jones' 1999 hit Sex Bomb to sound as if Cole Porter originally wrote it.

Finally, he had his actors sing in the film.

"The singing was part of the story," said Barnes. "It was supposed to kind of get more annoying as you went through but actually my singing is OK so I think they wanted to make a bit of a thing out of it."

Movie Feature

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	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	265	353	2	TVO	Time Team	The Agenda With Steve Paikin		Midsomer Murders		The Genius of Photography		Agenda-Paikin
	211	331	3	GTV	ET Canada	Entertainment	House "Emancipation"		Bones (HDTV PA)		Hip to Be Holy (N)		News
	215	343	4	OMN1	2Half Men	The Simpsons	News (N)		Vivere Il	News (N)	The Simpsons	King of the Hill	Metropia
	210	302	6	CBC	22 Minutes	Laughs	*The Englishman's Boy* (2008, Drama) Michael Therriault.				CBC News: The National		The Hour
	214	344	7	CITY	Law & Order: SVU		The Bachelorette (N)				Here Come the Newlyweds (N)		CityNews
	212	313	8	CTV	etalk	Hollywood	Big Bang Th	Gary Unmarr	Two/Half Men	Old Christine	CSI: Miami (HDTV)		CTV News
	218	345	11	E!	The Insider (N)	E! News	The Soup (N)	How I Met	My Boys	Engagement	The Best Years (DVS)		News/Eleven
	137	763	13	TFO	Panorama		Le Trésor		*Lola Montès* ★★★ (1955, Drame) Martine Carol.				Facteur
	-	-	14	-	Raymond	Raymond	News (N)		News (N)		Two/Half Men	King	TBA
	213	326	15	SUN	Scrubs	George Lopez	Dateline NBC				To Serve and Protect		Hitchcock Pres
	-	387	16	CBS	Inside Edition	Hollywood	Big Bang Th	How I Met	Two/Half Men	Engagement	CSI: Miami (HDTV)		News 4 at 11
	-	385	17	NBC	The Insider (N)	Entertainment	Dateline NBC				Medium (HDTV) (N)		News
	-	386	18	ABC	Wheel-Fortune	Jeopardy! (N)	The Bachelorette (N)				Here Come the Newlyweds (N)		News
	219	346	20	ACH-B	The Road to Avonlea		*The Craft* ★★ (1996, Horror) Robin Tunney.				Medium (HDTV) (N)		News (N)
	-	-	28	FOX	Judge Judy (N)	Two/Half Men	House "Emancipation"		Bones (HDTV PA)		Seinfeld	Two/Half Men	The Simpsons
	-	388	61	PBS	News-Lehrer	Time Goes By	Antiques Roadshow (N)		World War II Memorial		Hallowed Grounds (N)		Business Rpt.
	297	652	330	WPX	Two/Half Men	Family Guy	One Tree Hill "Hundred"		One Tree Hill (HDTV)		PIX News at Ten Tong.		Two/Half Men
	296	654	331	SBK	Wheel-Fortune	Jeopardy! (N)	Dr. Phil (HDTV)		WBZ News (N)	'70s Show	Frasier	Frasier	Punk'd
	298	653	332	TLA	Jamie Foxx	Wayans Bros.	My Wife-Kids	According-Jim	Friends	KTLA News	Two/Half Men	Two/Half Men	One Tree Hill
news	502	390	26	NW	CBC News	Newman	The Hour		CBC News: The National		CBC News: The National		National
	500	500	33	CNN	Lou Dobbs Tonight		Anderson Cooper 360		Larry King Live (N)		Anderson Cooper 360		Cooper 360
	509	504	79	CNB	Meeting of the Minds		House of Cards				Marijuana Inc.: Pot Industry		As Seen on TV
sports	405	417	22	net	Women's Soccer Canada vs. United States. (Live)				Best Damn Sports Show		Sportsnet Connected		Hockey Central
	400	400	30	TSN	That's Hockey	World Poker Tour			NBA Basketball: Western Conference Final Game 4 -- Lakers at Nuggets				
	411	457	58	OLN	Bounty Hunter	Bounty Hunter	Departures		Mantracker		Bounty Hunter	Bounty Hunter	Departures
	417	406	81	SC	Pimp My Ride	Pass Time	This Week in NASCAR (N)		SuperCars	SuperCars	Barrett-Jackson		Car Crazy
family	551	542	25	YTV	Prank Patrol	Prank Patrol	Malcolm-Mid.	Futurama	League-Evil	Zixx Level	Falcon Beach		Mystery Hnt.
	554	544	45	TEL	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	Punch	Robot Chicken	American Dad	Moral Orel
	556	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
cable variety	602	567	27	W	Will & Grace	Friends	How Clean	Kim	Love It or List It		The Agents (N)	House	Maxed Out
	570	580	29	MM	One Tree Hill		Video on Trial	Video on Trial	Shot at Love-Tila Tequila		MuchNews	Video on Trial	One Tree Hill
	615	520	31	A&E	Intervention (HDTV)		Intervention "Sandy"		Intervention "Gabe" (N)		Obsessed "Helen; Scott"		Crime 360
	700	800	35	TLN	Centrovetrine	Sky TG 24	Carabinieri		Carabinieri		Raymond	Raymond	George Lopez
	571	581	36	MMM	The Daily Fix		Ranked!		Don't Forget the Lyrics!		Entourage	Gene Simmons	The Daily Fix
	575	583	38	CMT	Cheer Moms	Cheer Moms	Tuckerville (N)	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith	Greatest
	616	521	39	SHO	The Outer Limits		Cashing In	Kink in Hair	Kenny-Spenny	Kenny-Spenny	Name Is Earl	The Office	House
	620	523	40	BVO	Dancing on a Shoestring		Mozart Decoded		*Magic Flute Diaries* (2008, Musical) Rutger Hauer.				Law & Order
	601	562	41	SLC	Skin Deep	Til Debt-Part	Wedding SOS	Wedding SOS	Wedding SOS	Wedding SOS	My Wardrobe	So Chic	ET Canada
	522	506	43	HIS	NCIS "Tribes"		Hero Ships		For King and Country		NCIS "Tribes"		Sea Hunters
	625	548	44	COM	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	Bill Engvall: Your Sign		Daily Show
	600	564	46	H&G	House Hunters	Property Virgin	For Rent	Income Prop.	Property Virgin	My First Place	House Hunters	House Hunters	Holmes-Homes
	294	529	47	TBS	House-Payne	House-Payne	House-Payne	House-Payne	*Men in Black II* ★★ (2002, Comedy)			Seinfeld	Family Guy
	576	582	49	BET	(6) *Beauty Shop* (2005)		*Barbershop* ★★ (2002, Comedy) Ice Cube.				*Nora's Hair Salon 2: A Cut Above* (2008)		
	627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		*Nature Unleashed: Tornado* (2004, Suspense)				Stargate SG-1
	581	566	52	MTV	The Hills	After Show	MTV News	Cribs	College Life	The Hills	The Hills	After Show	MTV Live
	618	524	54	TROP	Vanity Insanity	E News	Carlawood	Prod. Parker	Ground Up		Are You Smarter		Make or Break
	603	561	56	FOOD	Chef at Home	Chuck-Day Off	Work for Food	Glutton-Punish.	Food Detective	Get on Plate	Kitchen Nightmares		Restaurant
	261	394	60	V	Murder, She Wrote		Green Grass	May-December	Rabbit Fall	Get-Famously	Twist of Faith	Clergy	Poltergeist
	621	527	63	STR	The Ellen DeGeneres Show (N)		TMZ (N)	etalk	Funniest Office Commercials		The Tonight Show-Jay Leno		TMZ
	553	546	65	TRE	Backyardigans	Nght Grdn	Max & Ruby	Franklin	Little Bear	Bucket-Dinos	Comfy Couch	Big & Small	Max & Ruby
	115	711	101	TVA	Les Gags	Laura Cadieux	Ma Maison Rona (SC)		Monk (HDTV) (SC)		TVA 22 heures	Sucré-salé	*Mort*
	126	730	102	RDI	24 Heures en 60 minutes		Grands reportages L'or. (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
	526	507	249	VIVA	Judging Amy		*Still Small Voices* (2007, Suspense) Catherine Bell.				100 Days of Freedom		Mediums
	300	601	301	M1	Stargate Atlantis		Sanctuary "Folding Man"		Tracey Ullman	U.S. of Tara	The Line (N)		Atlantis
	305	612	306	PIX	*Louis the 19th*	*Time of the Wolf* (2002, Drama)			*Fear and Loathing in Las Vegas* (1998, Comedy-Drama)				*Wicked Minds*

critics'corner

Tuckerville
Single mom juggles the demands of her career with those of raising children. The single mom profiled in this reality series just happens to be country music star Tanya Tucker. Cameras follow Tucker as she records a new album, deals with business matters and takes care of her children. 8 PM on CMT

Daily Planet
Come back and get to know Ziya Tong, who's been Jay Ingram's permanent co-host since January, replacing Kim Jagtiani. Tong's passion for science is evident in her work both on this show and south of the border on PBS' "Nova scienceNOW." 9 AM on DIS

Hip to Be Holy
In this new documentary, Global anchor Kevin Newman offers a look at the new face of Christianity — evangelical groups that cater to young people with a modern and technology-friendly approach to preaching the Gospel. 10 PM on GTV

Toussaint takes ex to court

Michel'Le Toussaint is taking her bankrupt ex-husband Marion (Suge) Knight to court over spousal and child support payments. Toussaint, a former artist on Knight's Death Row Records, was married briefly to the rap mogul in 1997. FEMALEFIRST.CO.UK

Notes on an actor scandal

GETTY IMAGES

Left to right: Actors Tom Cruise, Alec Baldwin, Christian Bale.

What is the shelf life of an Internet scandal? With the recent release of Terminator Salvation, the question is what effect, if any, actor Christian Bale's infamous leaked on-set freak-out will have upon the movie's box-office muscle.

Admit it: It's hard to watch Bale shouting in the trailer without thinking about his angry soundstage antics.

Here's a list of fellow leading men who became online punchlines, and how they tried to get rid of the baggage.

Tom Cruise

Scandals: The megastar has had to deal with multiple moments that have captured the imagination of the Youtube set. His enthusiastic 2005 declaration of love for his wife, complete with couch-jumping and a startled Oprah Winfrey, spawned plenty of parodies, remixes and Photoshop funnies.

The Result: According to polls, Cruise's popularity declined after the Oprah incident, and his Q score — a rating that tracks popularity — also fell.

Alec Baldwin

Web Scandal: In April of 2007, a voicemail that the actor left for his daughter was leaked to TMZ.com. Baldwin was at the time locked in a bitter custody dispute with his ex-wife, Kim Basinger, and when his daughter missed their scheduled call, he went berserk.

The Result: Initially, a family court judge who heard the tape revoked his visitation rights, but Baldwin apologized for the incident, and asked that people not judge his parenting based on the message.

Christian Bale

Web Scandal: It was reported in July 2008 that Bale freaked out in the midst of shooting a scene for Terminator Salvation, however, it took until February 2009 before the audio leaked. Bale unleashes a profanity-laced tirade on director of photography Shane Hurlbut, attacking his professionalism, for attempting to adjust some lighting during a scene. The audio clip quickly made gossip sites around the world.

The Result: Some blogs did take the actor to task, adding a blemish to a star who had been riding an impressive wave of popularity after the Batman movies.

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Hurley wants a comeback

Elizabeth Hurley is desperate to get back into movies. The actress — who's married to businessman Arun Nayar and has a son Damian,7, from a previous relationship — misses her old career and would love to squeeze a film project into her busy life. FEMALEFIRST.CO.UK

Celebrity Buzz

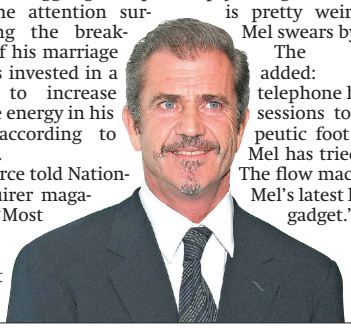
Mel's weird gadgets

COPING MECHANISM Mel Gibson has splashed out $100,000 US on a machine to help him cope with his stressful private life, femalefirst.co.uk reports.

The actor, whose wife Robyn filed for divorce in April, is struggling to cope with the attention surrounding the breakdown of his marriage and has invested in a device to increase positive energy in his body, according to the site.

A source told National Enquirer magazine: "Most people would look at the flow machine and think Mel has lost his mind. You lie on this machine and strap your feet in. The device then emits some kind of torsion field waves that are supposed to unlock clogged energy, which eases psychological tension. It is pretty weird, but Mel swears by it."

The source added: "From telephone healing sessions to therapeutic foot baths, Mel has tried it all. The flow machine is Mel's latest holistic gadget."



METRO NEWS SERVICES

Kiefer's charges could be dropped?

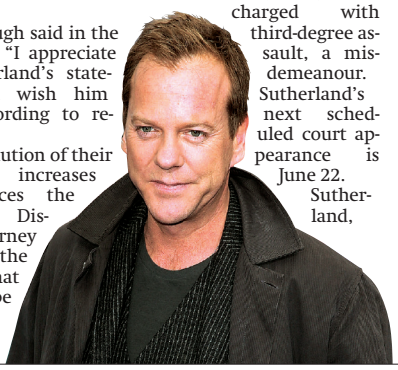
CATCHING A BREAK? Kiefer Sutherland and the alleged victim of a head-butting incident have resolved their differences, clearing the way for an assault charge against the actor to be dismissed, people.com reports.

Sutherland apologized to fashion designer Jack McCollough, who claims the 24 star broke his nose in a scuffle at a New York nightclub on May 5.

"I am sorry about what happened that night and sincerely regret that Mr. McCollough was injured," Sutherland said in a joint statement released to the media.

McCollough said in the statement: "I appreciate Mr. Sutherland's statement and wish him well," according to release.

The resolution of their differences increases the chances the Manhattan District Attorney will ask the judge that the case be dropped, people.com adds. Sutherland, 42, was charged with third-degree assault, a misdemeanour. Sutherland's next scheduled court appearance is June 22.



Sutherland, who's currently serving a five-year probation term for a DUI conviction, may not be off the hook with L.A. prosecutors, who've stated their intention to review the New York case as a possible probation violation and could seek possible jail time, people.com reports.

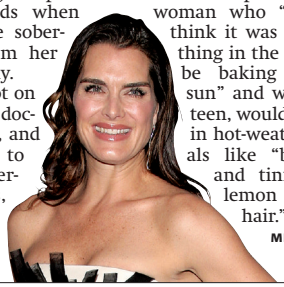
"We have requested the incident report from NYPD and we will assess the situation when we have all the available information," L.A. Attorney spokesman Frank Mateljan tells People. METRO NEWS SERVICES

Sun seeker Brooke reformed

BEAUTY RITUAL She's got one of the most recognizable — and radiant — faces in the world. But years of sun worship caught up with Brooke Shields when she got some sobering news from her doctor recently.

"I had a spot on my face. The doctor scraped it, and it turned out to be precancerous," Shields, 43, tells People. "I was scared."

The Lipstick Jungle actress had the spot removed and says she's doing "fine." But the cancer scare served as a wake-up call for a woman who "used to think it was the best thing in the world to be baking in the sun" and who, as a teen, would indulge in hot-weather rituals like "baby oil and tinfoil and lemon in your hair."



METRO NEWS SERVICES

Nigel ignites Dance furor

OH NO YOU DIDN'T Nigel Lythgoe is defending his comments against a same-sex dance pair on Thursday night's So You Think You Can Dance premiere, usmagazine.com reports.

The judge sparked outrage after he told male partners Misha Belfer and Mitchel Kibel: "I think you will probably alienate a lot of our audience. I mean, we've always had the guys dance together on the show, but they've never really done it in each other's arms before.

"Do you know what? I'd like to see you both dancing with a girl," he continued.

After the show, he posted on Twitter: "The same-sex ballroom guys did remind me of Blades of Glory. However, I'm not a fan of Brokeback ballroom."

GLAAD president Neil G. Giuliano released a statement Friday: "It's unacceptable for this kind of blatant homophobia to occur. Fox Entertainment and Nigel Lythgoe owe Misha, Mitchel and the whole LGBT community an apology."

Lythgoe stuck by his comments on Twitter, writing in response: "I am very sad the word 'homophobe' is being used. That is someone who hates homosexuals. I dislike effeminate dancing! Wake up and listen!" METRO WORLD NEWS

Hey, paparazzi: Paris' phone lost

UH OH Paris Hilton had a scare while at the Cannes Film Festival last week. The heiress lost her phone, and was seen frantically retracing her steps at the Hotel Du Cap.

"I don't know where or when it went missing but I know I've got to find it," Hilton told the Daily Mail. "It's the worst thing that could have happened. It has all my contacts in it and the last thing I want is for it to fall into the wrong hands."

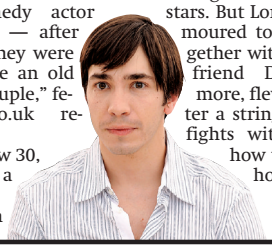
GETTY IMAGES

METRO WORLD NEWS

Justin dumps roommate

GROWING UP Justin Long was forced to move out of the California home he shared with comedy actor Jonah Hill — after realizing they were acting "like an old married couple," femalefirst.co.uk reports.

Long, now 30, set up a bachelor pad with 25-year-old Hill while they pursued their dreams of making it big as movie stars. But Long, who's rumoured to be back together with on-off girlfriend Drew Barrymore, flew the nest after a string of nagging fights with Hill over how to keep their house clean.



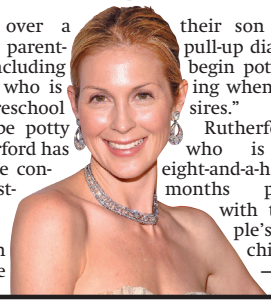
METRO NEWS SERVICES

Kelly's custody battle goes down the potty

FAMILY DYSFUNCTION Gossip Girl star Kelly Rutherford and her ex-husband Daniel Giersch continued their custody battle of two-and-a-half-year-old son Hermès at Los Angeles County Superior Court in Santa Monica last Friday, usmagazine.com reports.

The couple — who filed for divorce in January after two years of marriage — is also fighting over a litany of other parenting issues — including when Hermès, who is set to enter preschool this fall, will be potty trained. (Rutherford has also told Us she continues to breast-feed her son.)

Rutherford and Giersch agreed to have their son wear a pull-up diaper and begin potty training when he "desires."



Rutherford — who is about eight-and-a-half months pregnant with the couple's second child, a girl — said her kid began to "change" when his German businessman father tried to potty train him.

Amir Pichvai, the court-appointed child attorney for Hermès, said the parents need to work together to "avoid confusion to the child" on the potty training issue. Their next custody trial dates are set for late July. METRO NEWS SERVICES

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Wednesday Showers 60% 19° / 14°

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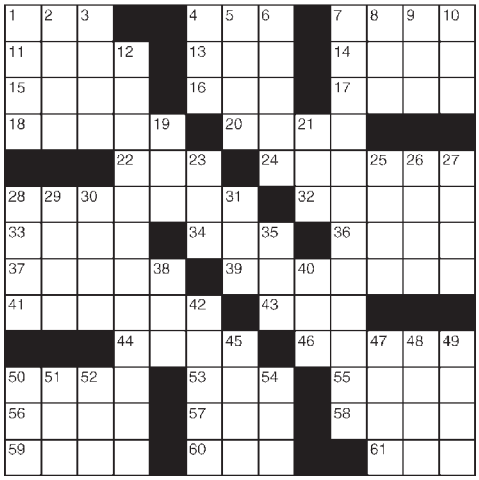


Crossword across

1 I love (Lat.)
4 Recede
7 Detest
11 Overextended
13 Hair-salon item
14 First victim
15 Afrikaner
16 "— whiz!"
17 57-Across site
18 Confused
20 On pension (Abbr.)
22 Commotion
24 Snapshots
28 Automobile framework
32 Bring forth
33 Sharpen
34 Matlock's field
36 A Great Lake
37 Enola Gay payload
39 Units of measure
41 Pay
43 "Cool!" (Sl.)
44 Furtive call
46 Teeny-tiny
50 Dog bane
53 Pick a target
55 Counterfeit
56 Prison compartment
57 Floral adornment
58 Polynesian carving
59 Serene
60 "— Winterbourne"
61 Favorite

Crossword down

1 Actress Jessica
2 Academic
3 Individuals
4 Omelette necessity
5 "Cheers" order
6 Censor's sound
7 Quickly and in large amounts
8 Homer Simpson's dad
9 Sleuth
10 Wapiti
12 Request for a bribe
19 Billboards
21 Definite article
23 Lubricate
25 Ripped
26 "Grapes of Wrath" type
27 Gets a glimpse of
28 Bloke
29 Vagrant
30 Unsigned (Abbr.)
31 Despondent
35 Marry
38 Clear the tables
40 Prized possession
42 Song of praise
45 Layer
47 Ante, maybe
48 Autumn tool
49 Leave out
50 Media watchdog org.
51 Meadow
52 Right angle
54 Wrong (Pref.)

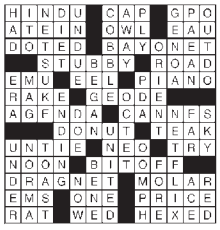
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

1		2	8		9			
8					2	9		
	7				4		6	
	8			5				3
	6						8	
3				8			9	
	1		6				3	
		5	7					4
			1		3	8		2

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



2	4	5	7	1	9	8	3	6
6	3	7	8	4	5	2	1	9
9	1	8	6	2	3	5	4	7
8	9	3	1	6	2	7	5	4
4	5	2	3	7	8	9	6	1
1	7	6	9	5	4	3	2	8
3	2	1	4	9	7	6	8	5
5	6	9	2	8	1	4	7	3
7	8	4	5	3	6	1	9	2

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Pepper Steak with Leek Mashed Potatoes

INGREDIENTS:

2 tbsp (25 ml) mixed or black peppercorns, coarsely crushed
4 beef tenderloin steaks, 3/4-in. (2 cm) thick, trimmed
1 tsp (5 ml) extra virgin olive oil
chopped parsley or snipped fresh chives to garnish

LEEK AND MUSTARD MASHED POTATOES:

2 lbs (900 g) potatoes, peeled and cut into chunks
2 tsp (10 ml) extra virgin olive oil
200 g leeks, finely chopped
1/2 cup (125 ml) low-fat milk
1 tbsp (15 ml) whole-grain mustard
1 1/2 tbsp (25 ml) reduced-salt margarine
pepper to taste

METHOD:

1. Place potatoes in pot and pour over boiling water to cover by 2 in. (5 cm). Bring back to boil, then reduce heat and cook for 15–20 minutes or until potatoes are very tender.
2. Meanwhile, spread crushed peppercorns on plate and press steaks into them until coated with peppercorns on all sides.
3. Heat oil for mashed potatoes in nonstick frying pan. Add leeks and cook, stirring constantly 3–5 minutes or until tender. Transfer to plate lined with two layers of paper towel to drain. Heat milk in pot until hot.
4. When potatoes are tender, drain them, shaking colander or sieve to remove any excess water, and return to pan. Pour hot milk over potatoes; mash until completely smooth. Add leeks, mustard and margarine, and season with pepper. Beat well to mix, then cover and keep warm.
5. Heat ridged cast-iron broil pan over high heat until hot. Brush pan with olive oil, then reduce heat to medium-high. Place steaks in pan and cook 3 minutes per side for rare, 3 1/2 minutes per side for medium-rare, 4 minutes per side for medium, 5 minutes per side for well done.
6. Mound potatoes on each warmed plate and place steak next to it. Drizzle pan juices over steaks and sprinkle with parsley or chives. Serve immediately.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton

sallybrompton.com

ARIES ♈
MARCH 21-APRIL 20
This should be a fun time of year for you, so push so-called serious matters aside and seek out people you can enjoy yourself with.

TAURUS ♉
APRIL 21-MAY 21
There's still much you can achieve this year, but to make the most of your talents you need to cut back on your plans. Be selective.

GEMINI ♊
MAY 22-JUNE 21
A new solar year is under way and you have every intention of making it the best one ever. If you can imagine it, you can do it.

CANCER ♋
JUNE 22-JULY 22
The sun is transiting the most thoughtful area of your chart, so just this once look back and wonder how taking a different course would have turned out.

LEO ♌
JULY 23-AUG 23
This is a truly excellent time for friendships, social events and group activities so get out and about and see and be seen.

VIRGO ♍
AUG 24-SEPT 22
Your destiny is in your hands and that's a fact you can no longer deny. Events matter, but how you choose to react to them matters more.

LIBRA ♎
SEPT 23-OCT 23
The sun in Gemini at this time of year encourages you to be more adventurous, and if that means cutting ties that bind then so be it.

SCORPIO ♏
OCT 24-NOV 22
It's no longer a case of "if" you will have to make changes to your financial situation but "when." Think long-term but act soon.

SAGITTARIUS ♐
NOV 23-DEC 21
The sun's transit of your opposite sign of Gemini means partners and loved ones have the upper hand — for the time being, at least.

CAPRICORN ♑
DEC 22-JAN 20
You may be eager to do more and do better but the planets warn you cannot possibly keep up this red hot pace forever.

AQUARIUS ♒
JAN 21-FEB 18
The sun in Gemini makes you eager to get started but your aim today must be to get your priorities straight. Focus comes first.

PISCES ♓
FEB 19-MARCH 20
Cosmic activity suggests something will upset you today. Have a good cry if it makes you feel better. You'll bounce back tomorrow.

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